

**SHORT TERM VOCATIONAL  
CERTIFICATE COURSE**

**Fashion Designing & Garment Making**  
(6 - months Duration)

**Prepared by**

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**HYDERABAD, TELANGANA**

## **Fashion Designing & Garment Making**

NAME OF THE COURSE : **Fashion Designing & Garment Making**

SECTOR : Home Science

COURSE CODE : FDGM

ENTRY QUALIFICATION : SSC

**PRE-REQUISITES:** Basic knowledge of sewing machine handling, identification of fabric types and passion for fashion designing.

**Terminal competence:** After completing this course, student will be able to work in a garment industry or to setup a boutique - Self-employment

### **Duration:**

6 Months - (40 Hours: English + Course content: 200 Hours)

### **Introduction:**

Fashion Designing & Garment making in itself is self-exploring. The process involved in making of the final product is designing and sewing, cutting, making, processing and repairing the garment. It is not only limited to the clothes, but extends to bags, ties and other similar products. Hence, this course will be useful for the students who are interested in developing their skills and to establish their own unit, in Garment making.

### **Objectives:**

- To learn the ability to design and construct garments
- To introduce the basic techniques of garment making
- To equip with drafting knowledge of garments making
- To understand the different methods of assembling techniques of Garment making.

### **Skills:**

- Be able to illustrate costume design
- To use basic principles of garment making to create, design various patterns
- To get knowledge of finishing garment with perfect fitting
- To learn the skills of layout

## SCHEME OF INSTRUCTION/MODULE:

**1. Communicative English: 40 hours (per module)**

**2. Course: 200 hours (06 months)**

Duration of Course	Theory		On the Job Training		Total	
	Hours	weightage	Hours	weightage	Hours	weightage
1 Module (06 months)	60	30%	140	70%	200	100%

## SYLLABUS

### **1. Terminology**

**5Hrs**

Fabric, Selvedge, sloper, bodice block, pattern, Grain, on grain, off grain, bias, Armscye, Crotch, Ease, Fit, Inseam.

### **2. Tools and Equipment**

**5 Hrs**

Measuring tools - Measuring tape, L-scale, Meter scale.

Marking tools – Tracing wheel, Tailor's chalk.

Cutting tools - scissors, dress maker's shears, electrical, Scissors.

### **3. Taking Body Measurements**

**5 Hrs**

Principles of taking body measurements

Tools used for taking body measurements

Procedure for taking Ladies body measurements

### **4. Principles of Garment Making**

**15 Hrs**

Seams: Plain seam, French seam, Run & fell seam.

Seam Finishes: Pinked seam finish, double stitch seam finish

Neckline Finishes: Bias facing, Bias binding, fitted facing

Darts: Single dart, Double dart

Placket opening: Two-piece placket opening, continuous placket opening.

Fasteners: Hooks & Eyes, Shank buttons& loops.

### **5. Pattern Making**

**25 hrs**

Introduction – Types of patterns making – contents of pattern – layout - Drafting of A- line frock, Plain frock, Saree petticoat, Kameez, Shalwar, Saree blouse – material suitable for above garments – Estimation of material for above garments

## **6. Fashion Designing**

**5 hrs**

Introduction – Terminology – Colour theory – Fashion cycle – Types of accessories.

### **ON THE JOB TRAINING**

#### **I. Principles of Garment Making**

**40 hrs**

##### **a. Seams and seam finishes:**

Plain seam, French seam, Run & fell seam

Pinked seam finish, Double stitch seam finish

##### **b. Neckline finishes:**

Bias facing, Bias binding, Fitted facing

##### **c. Darts:**

Single dart, double dart

##### **d. Placket opening:**

Two-piece placket opening, continuous placket opening.

##### **e. Fasteners:**

Hooks & Eyes, shank button & loops.

#### **II. Apparel Construction**

**70 hrs**

a. A – line frock

b. Plain frock

c. Saree Petticoat

d. Kameez

e. Shalwar

f. Saree Blouse

#### **III. Fashion Illustration**

**30 hrs**

a. Prang colour chart

b. Design development – Illustration of sleeves, necklines, fullness and accessories

c. Basic croqui and fashion croqui

d. Costume designing by using fashion croqui

## **LIST OF EQUIPMENTS**

### **a. Non-Consumables**

1. Sewing Machines Tailor Model - 20 Nos.
2. Overlock machine-2Nos.
3. Mass cutting machine-1 Nos.
4. Mass cutting table-2 big size.
5. Measuring tapes-25 (consumable)
6. Cutting & drafting table-05
7. Full mirror-01
8. Black board-01
9. Instructors table-01
10. Instructor chair-01
11. Steel almirah for instructor's use-01
12. Stools for machines-20
13. Stools for students-20

### **b. Consumables**

1. Measuring tapes-25
2. Bobbins-50
3. Bobbin cases-20
4. L. scale-20
5. Long ruler-20
6. Plastic ruler-20
7. Cloth cutting shears-20
8. Tailor chalks-10 packets
9. Hand needles -25packets
10. Carbon paper-2 Boxes.
11. colour pencil – 2 boxes.
12. Poster colours.
13. Sketch books

### **Qualifications of Teaching Faculty**

B. Sc (Home Science)

B. Sc Fashion Designing  
B. Sc (Hons). Fashion Technology  
B.A (Hons). Fashion Design  
Degree in Costume Design and Fashion Technology (CD &FT)  
Any Degree with Diploma in Fashion Designing  
Diploma in Garment Technology (Polytechnic)

**Division of Marks:**

**Theory: 100 Max. Marks**

- |                              |                    |
|------------------------------|--------------------|
| 1. Communicative English     | : 20 marks         |
| 2. Short Questions           | : 6 x5m = 30 marks |
| 3. Long Questions            | : 4x10 = 40 marks  |
| 4. Multiple Choice Questions | : 10x1=10 marks    |

**Practical: 100 Max. Marks**

- |                                |            |
|--------------------------------|------------|
| 1. External                    | : 40 marks |
| 2. Record/ Mini Project & Viva | : 10 marks |
| 3. Internship / OJT            | : 50 marks |

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**REGD. NO:**

**TIME: 3 HRS**

**MAX MARKS: 100**

**FASHION DESIGNING AND GARMENT MAKING  
MODEL QUESTION PAPER (THEORY)**

**SECTION- A**

**COMMUNICATIVE ENGLISH**

**20MARKS**

**SECTION- B**

**Note:** a) Answer ALL questions.

b) Each question carries **5 Marks**.

**6X5M=30 MARKS**

1. Write about sloper.
2. Write about measuring tools with diagram.
3. What is inseam?
4. Write about fasteners.
5. What is a commercial pattern?
6. Write a short note on accessories.

**SECTION- C**

**Note:** a) Answer any **FOUR** questions.

b) Each question carries **10 Marks**.

**4X10M=40 MARKS**

1. Explain the cutting tools used in garment construction.

2. Describe the process of taking ladies measurements.
3. Write the procedure of two-piece placket opening.
4. Write the drafting procedure of A-line frock.
5. Explain cloth estimation of saree blouse.
6. Explain fashion cycle.

### **SECTION-D**

**10X1=10 Marks**

**1. Run and fell seam used on**

- (a) sheer fabric (b) bulky fabric (c) thin fabric (d) all of the above

**2. Two or more pieces of materials are stitched together by row of stitch is called as**

- (a) seam (b) knot (c) hem (d) trim

**3. The finished openings in a garment are called**

- (a) trim (b) placket (c) neckline (d) slit

**4. How many bias bindings are there?**

- (a) 4 (b) 3 (c) 2 (d) 6

**5. Fasteners are done on**

- (a) plackets (b) shoulder (c) sleeve (d) neck

**6. Drafting is a technique of pattern making created on**

- (a) cloth (b) table (c) brown sheet (d) paper

**7. Plain frock required the following measurements**

- (a) shoulder (b) waist (c) chest (d) all of the above

**8. Grain refers to the direction of**

- (a) yarn (b) cloth (c) fibre (d) length



**9. Visual presentation of merchandise or ideas called as**

(a) display    (b) market    (c) style    (d) fashion

**10. A fashion that is long lasting**

(a). boutique    (b). costume    (c). ethnic    (d) classic

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**FASHION DESIGNING & GARMENT MAKING  
MODEL QUESTION PAPER (PRACTICAL)**

**Note:** a) Answer ALL questions.

b) Each question carries **10 Marks.**                      **4X10=40MARKS**

1. Stitch a sample of Bias binding and write the procedure in detail.
2. Draft, cut and stitch A-line frock by using half scale.
3. Illustrate prang colour chart in detail.
4. Demonstrate any four sleeves.

**Record/Mini Project & Viva**

**10 Marks**

**Internship/OJT**

**50 Marks**

